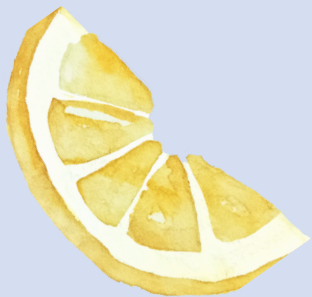




Lemonade Club

The Sour and Sweet in Families

Whether it's divorce, two homes, shifting caregivers, or a sense that "my family doesn't look like everyone else's," it's easy for kids to be unsure of how to balance the sweet and sour. Sometimes they are unsure where they fit or how to talk about it.



This group is a playful, safe space kids who:

- Live in two households, with one parent, or other less "traditional" families
- Are navigating separation, divorce, remarriage, or caregiver transitions
- May have feelings of confusion, isolation, or difficulty expressing themselves

In a supportive, developmentally appropriate environment, kids will explore:

- What makes a family – and how they can change
- How to name and share big feelings like sadness, guilt, anger, or missing someone
- Why it's not their job to fix adult problems
- How to feel proud of who they are, regardless of family shape or structure

- \$50/group (Scholarships may be available)
- Meets in-person on the UES
- Book a free consult to see if this is a fit for your child(ren)
- Parent Check-Ins Encouraged



Valerie Herman



Samantha Gellert

SCAN
ME!



Inquire or Register Now: