



# Divorce Therapy Group

*Surviving & Thriving through Divorce & Separation*

- Making the excruciating decision whether to stay or go
- Resolving guilt about disrupting your child(ren)s lives
- Minimizing loyalty conflicts and confusion in child(ren)
- Talking to your child(ren) about separation and divorce
- Navigating addiction, adultery, and emotional abuse
- Communication and co-parenting through uncoupling
- Processing the impact and decisions of the legal process
- Developing emotional strength in yourself and child(ren)
- Grieving the loss of family while creating a better life

## FACILITATORS



Justena Kavanagh



Sandra Harris

- ACCEPTING NEW MEMBERS – REACH OUT TO LEARN MORE
- CO-ED, WOMEN'S & MEN'S GROUPS
- MEETS VIRTUALLY
- \$100/SESSION
- DISCOUNT FOR PREPAYMENT
- EASY OUT-OF-NETWORK REIMBURSEMENT, THROUGH OUR BILLING VENDOR

To Register:  
[INFO@NYCCOUNSELING.COM](mailto:INFO@NYCCOUNSELING.COM)  
212-777-NYCC (6922) Call/Text

SCAN  
ME!

