



Entrepreneurs, Executives & Senior Leadership

**Get Unstuck. Reach peak potential.
Find lasting fulfillment.**

Are you outwardly successful, but still looking to:

- Find clarity in professional or personal goals?
- Overcome procrastination, low motivation, and stress?
- Get unstuck and unlock your full potential?
- Avoid burnout and establish work-life balance?
- Connect on a personal level in relationships?
- Find purpose beyond professional success?

JOIN US in a processing group for high-performers. Our groups are small, curated, and prioritize confidentiality.

Stop just waiting for change. Take the first step today - reach out to see if one of our executive groups is a fit for you.



Justena Kavanagh



Catherine Carroll

- Meets virtually
- \$100/session
- Discount for prepayment
- Easy out-of-network reimbursement

Inquire or Register Now:

**SCAN
ME!**

