



Divorce Therapy Group

Surviving & Thriving through Divorce & Separation

- **Making the excruciating decision of whether to stay or go**
- **Resolving guilt about disrupting your child(ren)s lives**
- **Minimizing loyalty conflicts and confusion in child(ren)**
- **Talking to your child(ren) about separation and divorce**
- **Navigating addiction, adultery, and emotional abuse**
- **Communication and co-parenting through uncoupling**
- **Processing the impact and decisions of the legal process**
- **Developing emotional strength in yourself and child(ren)**
- **Grieving the loss of family while creating a better life**
- **Also open to anyone without children or legal marriage**



Justena Kavanagh
LCSW-R

- **Time/Day of Next Group: TBD**
- **Co-ed, Women's & Men's Groups**
- **\$100/ session**
- **Discount for prepayment**
- **Reimbursable through our Billing Vendor**
- **Meets virtually**

To Register:

INFO@NYCCOUNSELING.COM
212-777-NYCC (6922) Call/Text