



Queer Pregnancy Support Group

A Support Group for Queer/Gay Women, GNC/GNB & Trans people who are Newly Pregnant or Trying to Conceive



If you [and your partner(s), if applicable] identify as a member of any of these communities and are trying to get pregnant or are newly pregnant, this group is for you!

Topics Include:

- Hopes, excitement, expectations
- Building resilience through peer support
- Coping with uncertainty and stress
- Managing boundaries with family, friends, and strangers
- Developing pride as LGBTQ parents

- **Start: Jan 19 , 2023**
- **Thursdays, 8-9:30pm**
- **Virtually: Google Meet**
- **8-Week commitment**
- **\$75/session - out of network benefits may apply. Discounts for pre-payment can get cost around \$60/session.**



Facilitator: Yoheved Retig, LMSW, MEd

Yoheved has extensive background supporting the LGBTQ community, and brings her experience as a teacher into her work as a therapist.

**TO REGISTER, PLEASE CONTACT:
YOHEVED@NYCCOUNSELING.COM**