



Queer* Pregnancy Support Group

A Support Group for Queer/Gay Women*, GNC/GNB & Trans* people who are Newly Pregnant or Trying to Conceive



*If you [and your partner(s), if applicable] identify as a member of any of these communities and are trying to get pregnant or are newly pregnant, this group is for you!

Topics Include:

- Hopes, excitement and expectations of parenting
- Building resilience through peer support
- Coping with uncertainty and managing stress
- Managing boundaries with family, friends, and strangers
- Developing pride as LGBTQ parents!

- **Start Date: March 15, 2022**
- **Tuesdays from 8 pm to 9 pm**
- **Virtually: Google Meet**
- **8-Week commitment**
- **\$50 per session - out of network benefits may apply**

Facilitator: Yoheved Retig, MSW-I, MEd



Yoheved has extensive background supporting the LGBTQ community, and brings her experience in her previous life as a teacher into her work as a therapist. Yoheved believes parents in the LGBTQ community have so many special strengths to bring to parenting while also facing unique challenges. She is here to help you reflect and grow in the rich and multi-faceted identity and daily life as an LGBTQ parent.

**TO REGISTER OR ASK QUESTIONS, PLEASE CONTACT:
YOHEVED@NYCCOUNSELING.COM**